

STOP THE CLOT™

Interactive Forum on Blood Clots for Patients, their Families, Health Care Providers & the Public

Who:

Meet leading national and regional experts during interactive discussions and an “ask-the-experts” session

What:

Education and discussions on preventing, treating, and managing blood clots

When:

Thursday, March 5, 2009, 6:00-9:00 pm

Please register by Thursday, February 26, so that proper numbers of handouts and quantities of refreshments may be prepared.

Where:

First Lutheran Church
3600 W. Friendly Ave, Greensboro, NC 27410
www.firstlutheran.com
336-292-9125

How to Register:

To register for this **FREE** event:

1. For patients, their families, and the interested public: call 336-832-8025 and ask to register for the Stop the Clot Forum, Event # 26157.
2. For Health Care Providers, (including those seeking CEU credits): register online at www.gahec.org, Stop the Clot Forum, Event # 26157.

This event is **FREE** and open to the public.
This meeting is supported by Cooperative Agreement U27DD00326 from the Centers for Disease Control and Prevention.
To ensure patient confidentiality, your name & address will not be given to commercial sponsors of this program.



National Alliance for Thrombosis and Thrombophilia
120 White Plains Road, Suite 100
Tarrytown, NY 10591
877-4-NO CLOT • www.stopthecLOT.org

Stop the Clot™

AWARENESS • PREVENTION • TREATMENT • SUPPORT

National Alliance for Thrombosis and Thrombophilia
120 White Plains Road, Suite 100
Tarrytown, NY 10591
877-4-NO CLOT • www.stopthecLOT.org



Stop the Clot™ FORUM

An Interactive Forum on Blood Clots for Patients, their Families, Health Care Providers & the Public

Presented by

National Alliance for Thrombosis & Thrombophilia-North Carolina (NATT-NC)

Supported by

National Alliance for Thrombosis & Thrombophilia in cooperation with The Centers for Disease Control and Prevention (CDC)

With special thanks to

The Moses Cone Health Care System & the Greensboro Area Health Education Center



Thursday, March 5, 2009, 6pm-9pm
First Lutheran Church
3600 W. Friendly Avenue
Greensboro, NC 27410

TAKE CHARGE OF YOUR HEALTH!

In September 2008, Acting Surgeon General Steven K. Galson, MD, MPH issued an historic “Call to Action” to reduce the number of cases of deep vein thrombosis and pulmonary embolism in the US—they “contribute to at least 100,000 deaths each year.” Blood clots kill 25 people, of ALL ages, each day in North Carolina; many of these people could be saved. One of the first steps to reduce that number is by increasing awareness through education.

This forum will offer insight into blood clots, clotting disorders, and their treatment by leading providers from some of the region’s most prestigious medical centers.

You will:

- Learn about risk factors, treatment, and prevention of blood clots
- Discover how innovative experts are treating patients living with inherited blood clotting disorders
- Determine ways to prevent potential complications of recurring blood clots
- Understand blood clotting disorders which affect women
- Learn self-care techniques for living with clotting disorders

Who should attend?

- Patients and families with blood clots or clotting disorders
- Cancer patients and survivors
- Patients who have recently undergone surgery or are scheduled for surgery
- Women on birth control, have recently given birth, are pregnant, or are taking post-menopausal hormone therapy
- Health care professionals
- Students in the health care professions
- Anyone who is interested in preventing blood clots

PROGRAM

6:00 pm Registration, Refreshments, Visit Vendors

6:30 pm Welcome and Introduction of Presenters

—Stephan Moll, MD and Phil Davis, PhD Chair of NATT-NC

6:40 pm Overview of Venous Blood Clots and Clotting Disorders

- What are blood clots, why and how do they form?
- Who is at risk?
- What symptoms do patients experience?
- How are clots diagnosed?
- Long-term complications of clots
- Inherited and acquired clotting disorders. Pros and cons of genetic testing for clotting disorders
- How to prevent blood clots
—Stephan Moll, MD (UNC Medical School, Chapel Hill)

7:05 pm Treatment Issues

- Medications used to prevent and treat blood clots
- Use of clot busters and non-traditional medications
- How long to treat with warfarin?
- All about warfarin (INR, interaction with certain foods and other medication, INR self-testing at home)
- New drugs in development
—Mary Parker, PharmD, CPP; Pharmacist, LeBauer HeartCare and James Groce, PharmD, CACP; Pharmacist, Moses Cone Memorial Hospital

7:30 pm Break- Refreshments and Visit Vendors

7:45 pm A. Clotting Issues in Women

- Oral Contraceptives
- Pregnancy
- Hormone replacement therapy

B. Cancer and Blood Clots

—James Granfortuna, MD, Physician, Moses Cone Regional Cancer Center

8:10 pm Open Panel Discussion-Questions from the Audience

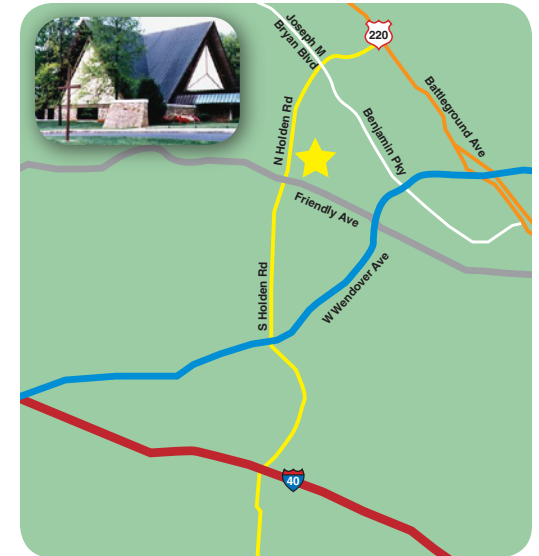
—Drs. Moll, Parker, Groce, and Granfortuna

9:00 pm Get involved in NATT-NC and a local support group. Stay briefly afterwards.

Continuing Education Credits for Health Care Providers

Participants attending this forum may earn 0.2 CEU - 2 Contact Hours. Participants seeking Continuing Education credits, will be asked to pay \$10 at the door, with checks made payable to: NATT-NC (National Alliance for Thrombosis and Thrombophilia in NC).

Directions



The First Lutheran Church is located on the north side of West Friendly Avenue, between Friendly Shopping Center and Holden Road. Park behind the church and enter the Fellowship Hall through the back door.

For door to door directions from an interactive map, please visit www.firstlutheran.com and click on the church’s address.

For more details, or to volunteer to help, please contact NATT-NC Stop the Clot Forum organizers: Betty Carpenter 336-275-7942 or Mary Baker 336-212-1706.

SPACE IS LIMITED. PLEASE REGISTER TODAY!

If you find that you will be unable to attend after registering, please call one of the organizers so that your space can be filled from the waiting list.